



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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STUDENT-CENTRIC METHODS ARE USED FOR ENHANCING LEARNING EXPERIENCES BY

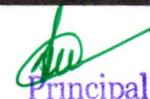
Student-centric methods in Nursing Education focus on engaging students actively in their learning process, fostering critical thinking, and promoting practical skills.

1. Experiential Learning

For experiential learning, students are taking for **field visits** to different areas related to the subjects, to obtain first hand information by observing places, objects and processes in their natural setting. Students are allowed to utilize labs to provide real life situations for first hand information and to supplement class room instructions. Students are getting training on first-aid to upgrade them in skill training. Students are getting opportunity to practice by implementing their knowledge and skill gained in classrooms and labs.



Health Education on balanced diet


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2. Integrated/ interdisciplinary learning:

The students have been given learning experience in other discipline like anatomy and physiology etc have been experience in Interprofessional learning. Integration of interdisciplinary has the potential to enrich nursing education by bringing in a depth of specialized knowledge from other disciplines. This method is considered as the best method to prepare nurses for team-based patient care which is an imperative skill in today's health care arena. To remove the barriers in learning the other disciples of medicine, interdisciplinary learning is encouraged in many ways like participation in school health programmes, dental hospital and including students in Institutional Innovation Council (IIC) committee where other discipline students also as a part.



Students participated in School Health Programme


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AP Nurses & Midwives Council, Letter No. APNMC/CON/5212/2006, Dated: 4.11.2006

Course Completion Certificate

This is to certify that **AIDA MARIA SOBY,II YearB.Sc Nursing** has successfully completed the Interdepartmental course on “**ACLS/BLS TRAINING**” conducted by Sree Narayana Nursing College, Nellore from 13.02.2023 to 14.02.2023.

D. Sai dhanu
Program Coordinator
Mrs. D. Sai Dharanija,
Dept. of MSN

Sree Narayana Nursing College, Nellore.

B. Kalpana
IQAC Coordinator
Mrs. B. Kalpana
Professor

Department of Community Health Nursing
Sree Narayana Nursing College, Nellore.

V. Jayanthi
Organizing Chairperson
Prof. V. Jayanthi
Principal

Sree Narayana Nursing College, Nellore.

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ACLS/BLS TRAINING

AIM:

To equip nurses, with the necessary skills, knowledge, and confidence to effectively manage and respond to cardiac emergencies, respiratory arrest, and other life-threatening situations.

COURSE OBJECTIVES:

1. Identify and manage cardiac and respiratory arrest, peri-arrest conditions, and special resuscitation situations.
2. Maintain airways using advanced techniques and devices.
3. Recognize and respond to cardiac rhythms and dysrhythmias.
4. Administer and understand medications used in resuscitation.

COURSE OUTCOMES:

- Ability to perform effective CPR and use an AED.
- Confidence in recognizing and responding to life-threatening emergencies.
- Understanding of team roles in a resuscitation scenario.

COURSE CONTENT:

BLS training focuses on equipping participants with the foundational skills needed to respond to cardiac and respiratory emergencies. The content includes the following key areas:



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1. Cardiopulmonary Resuscitation (CPR):

- **Adult CPR:** Proper technique for chest compressions and rescue breaths, ensuring adequate depth and rate of compressions.
- **Child and Infant CPR:** Age-appropriate modifications for compressions and ventilations, focusing on gentler but effective methods.

2. Automated External Defibrillator (AED) Use:

- Understanding when and how to use an AED on adults, children, and infants.
- Proper placement of AED pads and following prompts to deliver a shock.

3. Choking Relief:

- Techniques for relieving airway obstruction in conscious and unconscious individuals across all age groups.
- Use of back blows, abdominal thrusts, and chest thrusts, depending on the victim's age and consciousness.


4. Airway Management:

- Opening the airway using techniques such as the head-tilt-chin-lift and jaw-thrust maneuvers.
- Delivering effective rescue breaths without causing harm (avoiding excessive ventilation).

5. Rescue Breathing:

- Providing rescue breaths to individuals with a pulse but not breathing adequately.




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- Use of barrier devices like face shields or pocket masks to reduce the risk of infection.

6. Team Dynamics and Communication:

- Roles and responsibilities during a resuscitation scenario.
- Effective communication among rescuers and efficient team dynamics.

7. Assessment and Scene Safety:

- Evaluating the safety of the scene before approaching a victim.
- Performing a primary assessment to determine the need for CPR and AED use.

VENUE: Narayana Super Speciality Hospital

TARGET GROUP: II&III B.Sc., Nursing students

RESOURCE PERSON: Mrs. D. Sai Dharanija M.Sc., (N)

Asst.Professor,

Department of MSN,

Sree Narayana Nursing College.

Note: Inter disciplinary courses are monitored by the respective class

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PHYSICAL EXAMINATION

AIM:

The aim of a physical examination in nursing is to assess the overall health status of a patient, identify any health problems, and establish a baseline for future comparisons. It helps in diagnosing, planning, and evaluating the effectiveness of interventions.

COURSE OBJECTIVES:

- Evaluate the general health status of a patient and identify any physical signs of illness.
- Identify any abnormal signs that might indicate underlying medical conditions.
- Establish baseline data for comparison with future health evaluations.
- Track the progression of known health issues or the effectiveness of treatments.
- Help determine the necessity for further diagnostic tests or medical interventions.

COURSE OUTCOMES:

- Early detection of conditions like hypertension, diabetes, or infections.
- Identification of risk factors that can be managed to prevent the onset of diseases.
- Provide reassurance to patients about their health status.
- Inform the development of a treatment plan tailored to the patient's specific needs.




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- Identify the need for referrals to specialists for further evaluation or treatment.

COURSE CONTENT :

The content of a physical examination typically includes several key areas, each focusing on different aspects of a patient's health. Here's a detailed breakdown:

1. Vital Signs

- **Blood Pressure:** Measured to assess cardiovascular health.
- **Heart Rate:** Evaluates the rhythm and rate of the heart.
- **Respiratory Rate:** Measures the number of breaths per minute.
- **Temperature:** Checks for fever or hypothermia.
- **Oxygen Saturation:** Assesses the amount of oxygen in the blood.

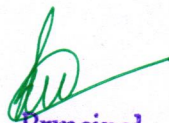
2. General Appearance

- **Level of Consciousness:** Determines alertness and orientation.
- **Skin Color and Condition:** Assesses for pallor, cyanosis, jaundice, or rashes.
- **Body Habit and Posture:** Observes overall body structure and posture.
- **Signs of Distress:** Looks for signs of pain or discomfort.

3. Head and Neck

- **Eyes:** Inspection of the conjunctiva, sclera, pupils (size, reaction to light), and ophthalmoscopic examination.




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- **Ears:** Examination of the external ear and ear canal, and assessment of hearing.
- **Nose:** Inspection for congestion, discharge, and examination of the nasal passages.
- **Throat:** Examination of the oral cavity, including the tonsils and pharynx.
- **Lymph Nodes:** Palpation for swelling or tenderness.
- **Thyroid Gland:** Palpation for size, consistency, and nodules.

4. Cardiovascular System

- **Heart Sounds:** Auscultation for normal and abnormal heart sounds (e.g., murmurs).
- **Peripheral Pulses:** Palpation of pulses in various locations (e.g., radial, femoral, dorsalis pedis).
- **Jugular Venous Pressure:** Assessment of central venous pressure.

5. Respiratory System

- **Breath Sounds:** Auscultation of lung fields for normal and abnormal sounds (e.g., wheezes, crackles).
- **Chest Shape and Movement:** Observation of the symmetry and expansion of the chest.

6. Abdomen

- **Inspection:** Visual examination for distension, scars, or abnormal masses.
- **Auscultation:** Listening for bowel sounds and vascular sounds.
- **Palpation:** Feeling for tenderness, organ enlargement, or masses.



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- **Percussion:** Assessing for fluid or gas in the abdominal cavity.

7. Musculoskeletal System

- **Joints:** Assessment of range of motion, swelling, and tenderness.
- **Muscle Strength:** Evaluation of muscle function and strength.
- **Spine:** Inspection and palpation for alignment and tenderness.

8. Neurological System

- **Cranial Nerves:** Assessment of the function of all twelve cranial nerves.
- **Reflexes:** Testing deep tendon reflexes (e.g., knee jerk).
- **Sensory Function:** Evaluating light touch, pain, and temperature sensation.
- **Motor Function:** Checking coordination and balance.

9. Genitourinary System

- **External Examination:** Inspection of the external genitalia for any abnormalities.
- **Internal Examination:** When appropriate, internal examination for further evaluation.

10. Skin

- **Inspection:** Checking for lesions, rashes, or changes in pigmentation.
- **Palpation:** Assessing the texture, moisture, and temperature of the skin.

VENUE: Narayana Super Speciality Hospital

TARGET GROUP: I B.Sc., Nursing students

RESOURCE PERSON: Mrs. V. Rupa Saritha Reddy M.Sc., (N)

Professor,

Department of MSN,

Sree Narayana Nursing College.

Note: Inter disciplinary courses are monitored by the respective class
in charges



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AP Nurses & Midwives Council, Letter No. APNMC/CON/5212/2006, Dated: 4.11.2006

Course Completion Certificate


This is to certify that **AKSAMOL MATHEW**, III Year B.Sc Nursing has successfully completed the Interdepartmental course on “**NEW BORNCARE**” conducted by Sree Narayana Nursing College, Nellore from 08.07.2019 to 09.07.2019.



Program Coordinator
Mrs. P. Savithri,
Professor

Department of Child Health Nursing
Sree Narayana Nursing College, Nellore.


IQAC Coordinator
Mrs. B. Kalpana
Professor

Department of Community Health Nursing
Sree Narayana Nursing College, Nellore.


Organizing Chairperson
Prof. V. Jayanthi
Principal
Sree Narayana Nursing College, Nellore.


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Students visit to central laboratory

3. Participatory learning:

These include **Case studies** in which the students posted in clinical wards and community areas to select patients and start providing nursing care from admission till the discharge in hospital by comparing book picture with patient picture. Students can learn in detail about Etiology, Pathophysiology, clinical features, diagnostic evaluation and management. Another method is **Clinical presentation** in which Students select a patient with interesting or rare disease condition and present in front of peer and clinical faculty.


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Students presenting case study in medical ward

value added course are conducted each year to encourage participatory learning among students.

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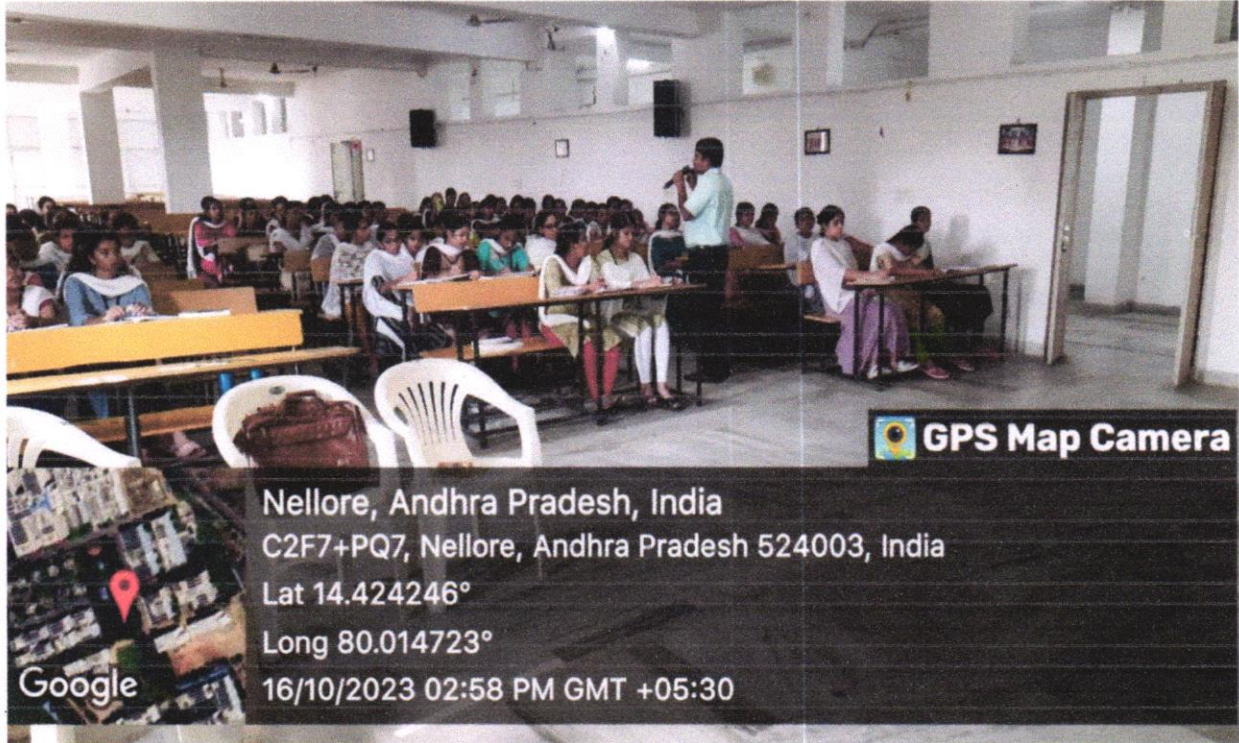
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Students Participating in Value Added Course

4. Problem solving methodologies:

During the clinical posting, students are encouraged to select patient and present about each individual patient's complaints, investigation, diagnosis, management and most importantly problems and needs of the patients which will help as guideline for Nursing care and students engaging research activities.

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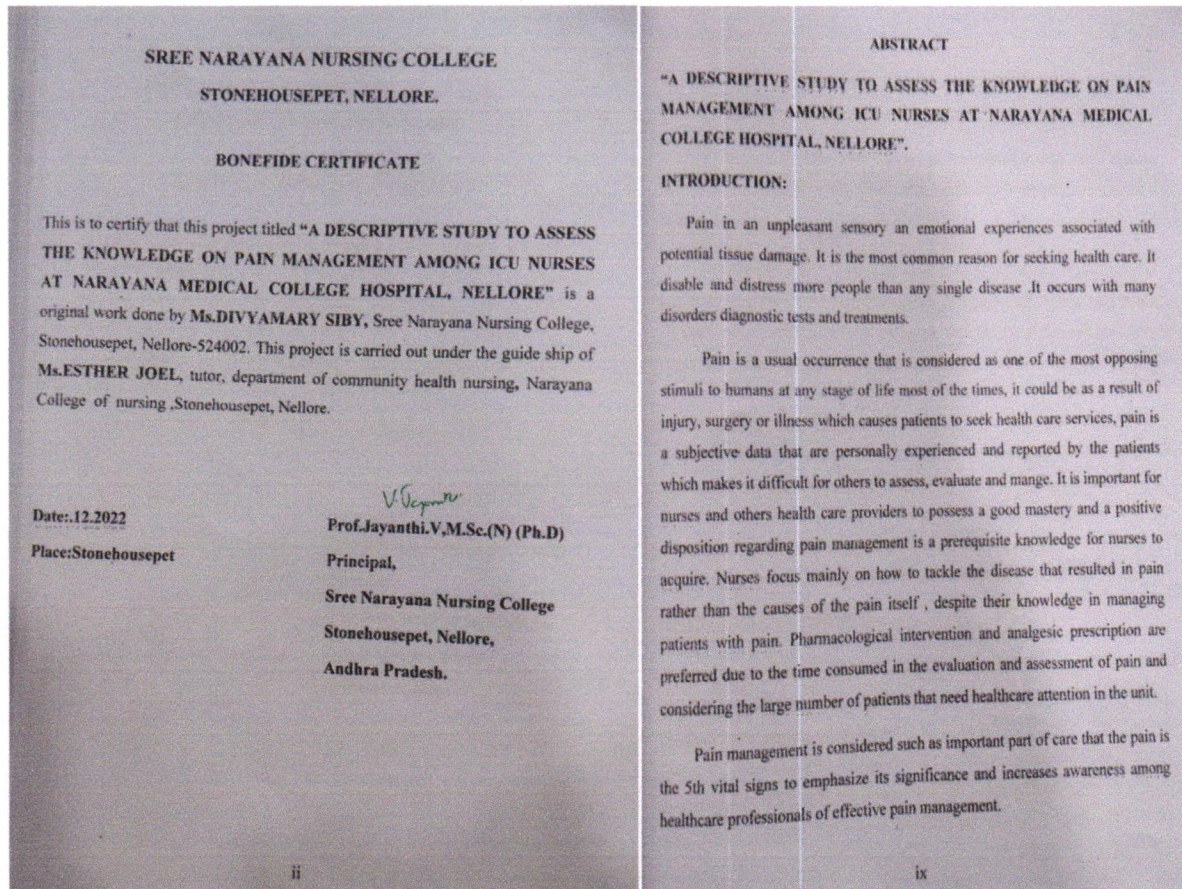
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Students done Research Projects

5. Self directed learning:

Self – directed learning includes **referring books in library** and writing assignments in each subject, group discussion which is an exchange of ideas and getting expertise in subjects. Students are encouraged to attend study hours which are supervised by the faculty.


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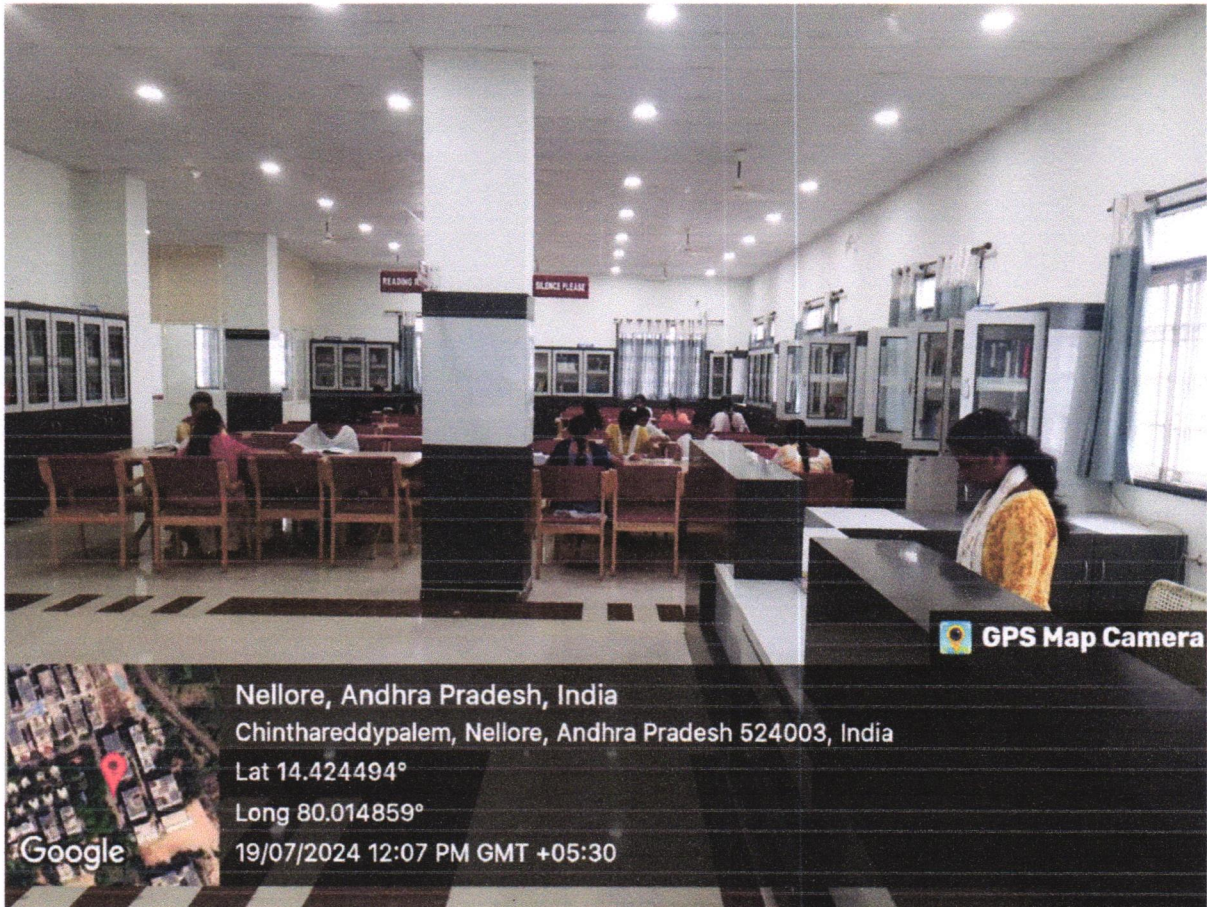
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Students referring books in library

6. Patient - centric and Evidenced Based Learning:

These includes **Case studies** in which the students posted in clinical wards select patient start giving nursing care from admission till the discharge by comparing book picture with patient picture. Students can learn in detail about Etiology, Pathophysiology, clinical features, diagnostic evaluation and management. **Clinical demonstration** in which Students learn by demonstrating a nursing procedure in front of peer and the clinical faculty.


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Student Nurses monitoring the ECG

7. Learning by humanities

The humanities can be integrated into nursing education to help students develop a holistic view of patients, improve their self-understanding, and become more empathetic. The humanities can also help student nurses understand the role of nursing in society and the impact of culture on healthcare. All students are trained in communication skills, Professionalism, value-based education in curriculum. They are sensitized on gender equity, stress management, human rights and health-awareness through community visits. Students participate in NSS activities which are organized and conducted every year.

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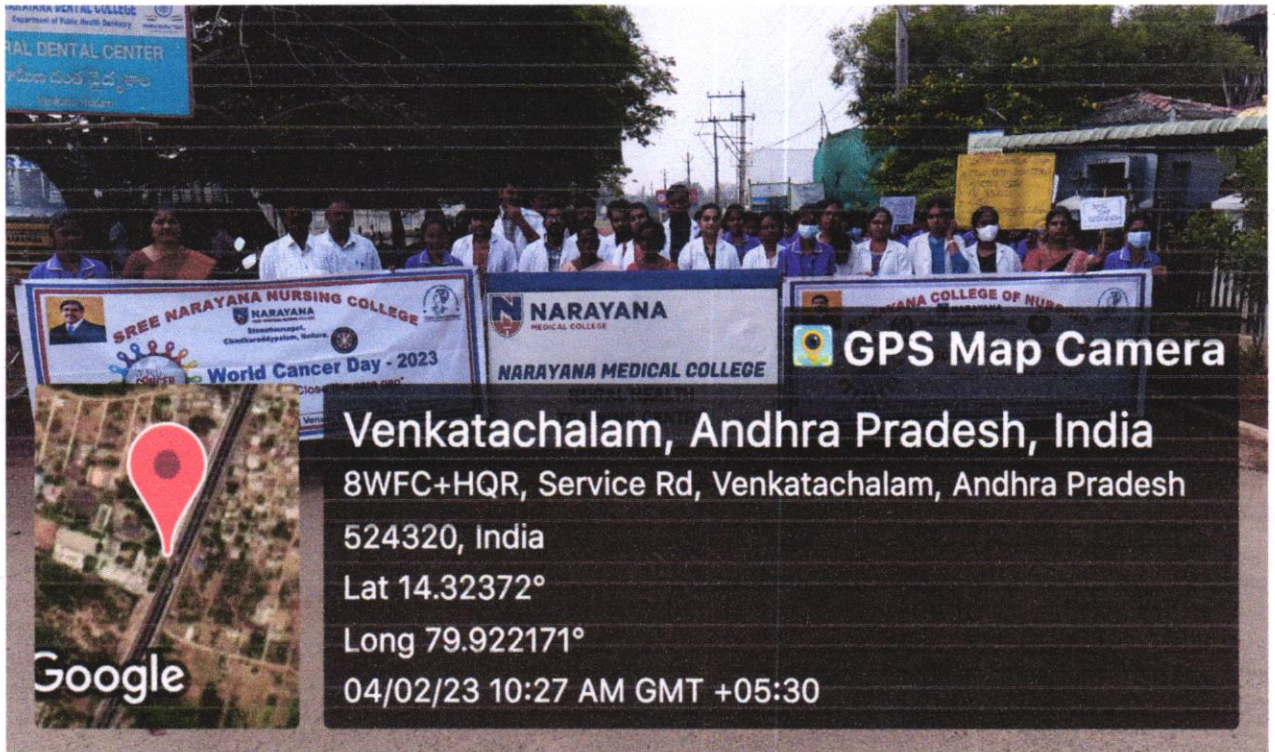
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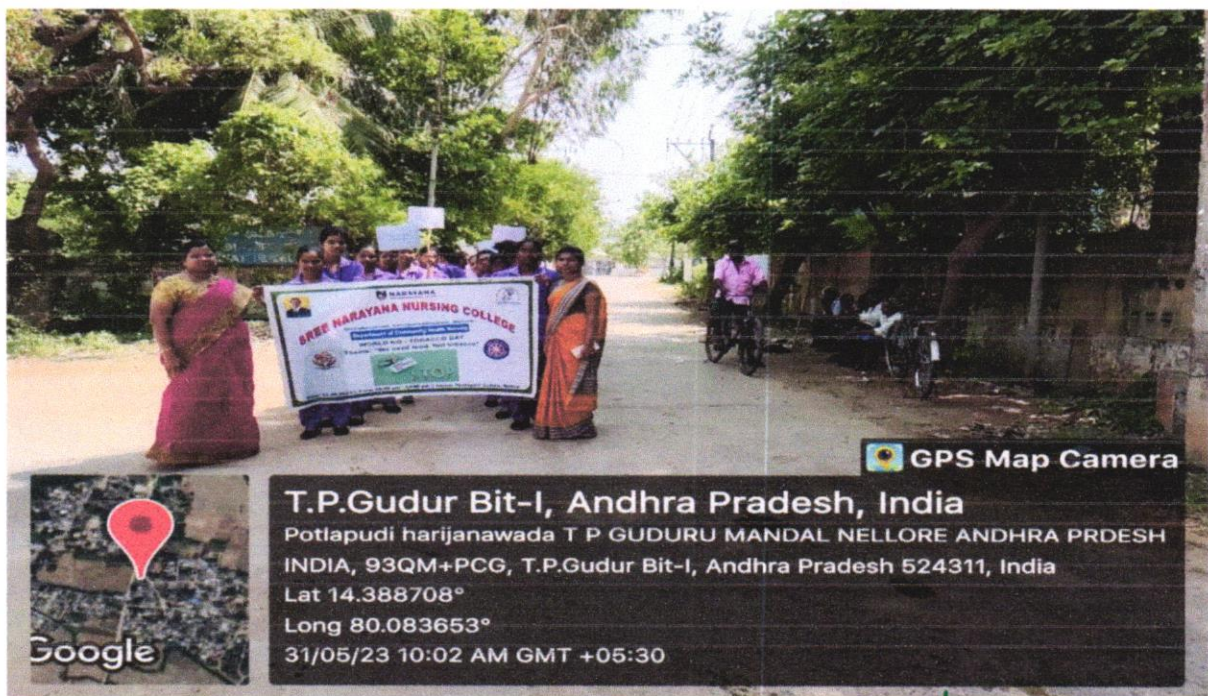
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Students creating awareness on world cancer day by Rally



Students actively participated in world NO TOBACCO DAY


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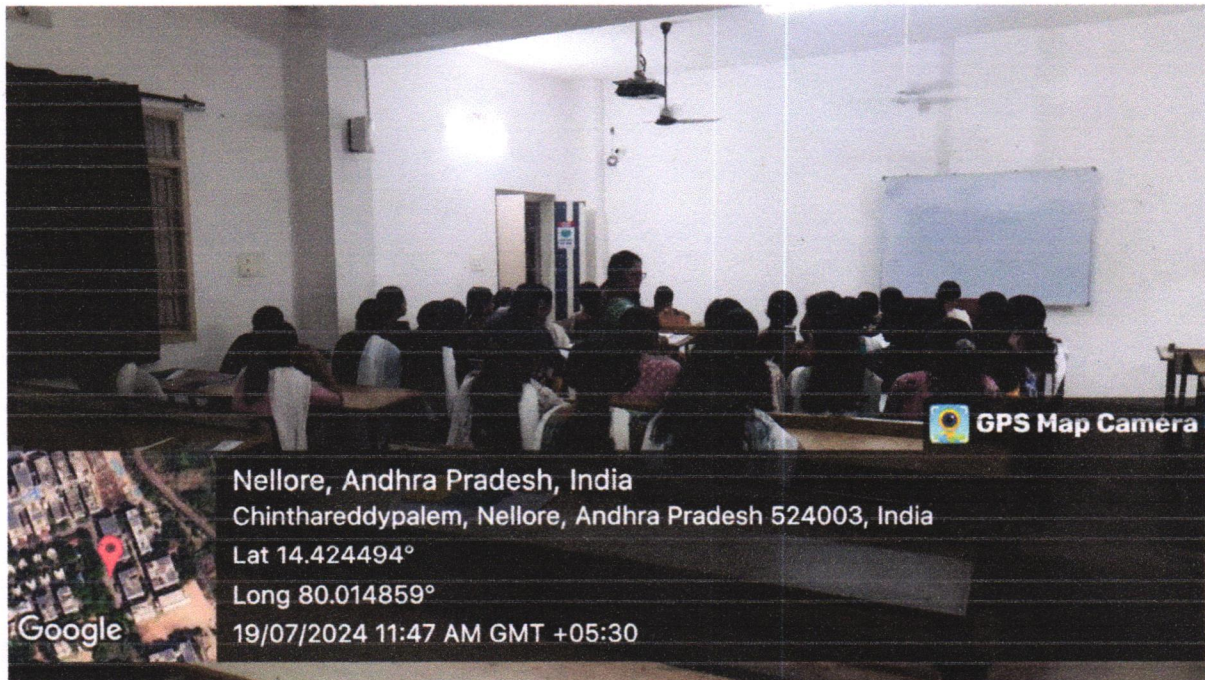
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8. Project – based learning:

In this student work in small groups to increase knowledge by identifying learning objectives, engaging in self-directed work and participating in discussion. It provides students with greater access to information, support, resources, flexible approaches to learning, collaborative learning activities and opportunities for self-development.



Students were divided into small groups to discuss about projects

9. Role play:

A role-play situation is designed to reflect the interaction between a care provider and the patient in order to implement the expected therapeutic outcome


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SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snn@narayan nursingcollege.com

Website: <https://sreenarayan nursingcollege.com>

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



Role play on importance of breast feeding celebration week

PRINCIPAL
Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,

NELLORE-524 002